

# Most-needed foods

These are the essential foods our partner agencies are most in need of. If you're collecting food on your own, or holding a food drive, focus on collecting these foods first.

## BOXED/DRY GOODS

Bisquick mixes  
Oatmeal  
Baking mixes  
Corn meal  
Dry beans  
Pasta  
Rice  
Pancake and bread mixes

## MEAT GROUP

Canned chili  
Canned stew  
Canned fish  
Canned meat  
Condensed or chunky soups

## FRUITS & VEGETABLES

Canned vegetables  
Canned fruits  
Canned juices  
Instant potatoes

# Food for kids

Focus your collection efforts on kids by assembling Kids' Packs. Each pack should include enough of these items for a family of four.

## FOODS TO MAKE A MEAL *(choose 3)*

Macaroni and cheese  
Alphabet soup  
Chicken noodle soup  
Canned pasta combos  
Instant oatmeal  
Peanut butter  
Apple chips

## HEALTHY SNACKS *(choose 3)*

Cereal grain bars  
Applesauce packs  
 pudding packs  
Cheese or peanut butter  
Cracker combos  
Dry packed meat products  
Individual fruit cup packs  
Popcorn  
Oatmeal cookies  
Graham crackers

## BEVERAGES *(choose 2)*

Individual juice carton packs  
Sports beverages  
Cocoa mixes  
(to mix with water)  
Flavored mixes for milk  
Lemonade mix

## PERSONAL CARE ITEMS *(choose 3)*

Toothpaste  
Toothbrush  
Shampoo  
Soap



## DROP OFF DETAILS